

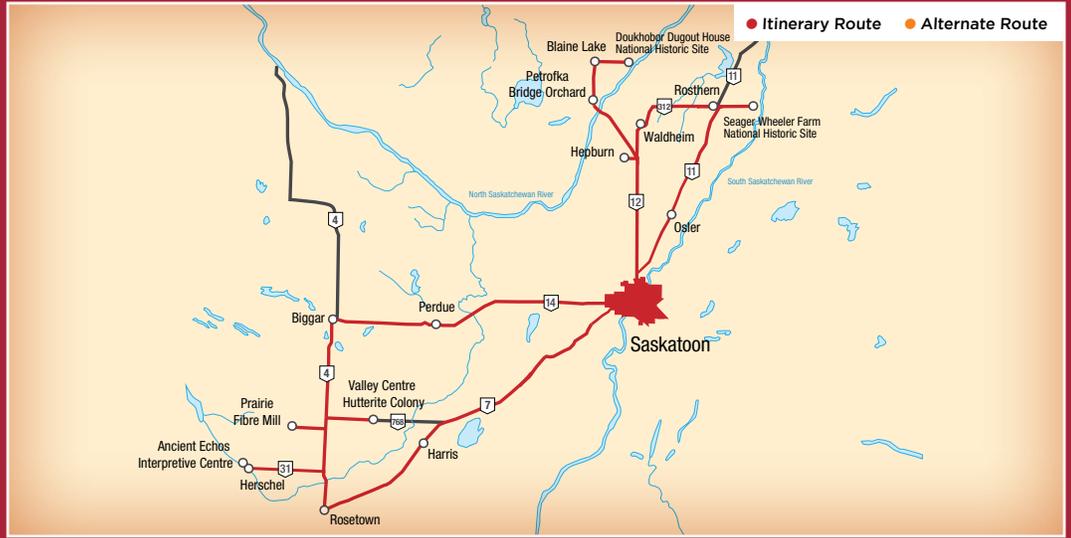


To access online maps of Saskatchewan or to request a Saskatchewan Discovery Guide and Official Highway Map, visit: www.sasktourism.com/travel-information/travel-guides-and-maps

TRIP LENGTH
2 days
526 kms

FROM FIELD TO FORK

A Culinary Tour of Saskatoon and Area



While Saskatchewan will always be synonymous with wheat, the province’s farm economy has diversified in a myriad of directions since the early 20th century when wheat was king.

Average farm size has increased and technology is ever-changing. Along the way, many farmers have diversified their operations to fill niche markets. From barley to berries, apples to alpacas, you’ll be amazed by the bounty produced by local farmers on this two-day journey through Saskatoon and area.

breakfast at the Saskatoon Farmers’ Market where your taste buds will awaken to the local flavours of deep dish quiche, sour cherry scones or fresh yogurt and berries. While here, pick up the fixings for a country picnic later in the day.

Leave the city by Hwy 7 and continue 83 km west to Harris and Crystal Beach Orchards (on the southeast side of Harris), offering U-pick saskatoons, chokecherries, raspberries, dwarf cherries and blue honeysuckle. But no need to pick your own – the orchard store sells jams, jellies, syrups, beverages, baking and ice cream made with prairie fruit. Take a self-guided tour along the orchard and neighbouring wildlife preserve. Groups, please call ahead.

DAY ONE Saskatoon, Harris, Perdue

Saskatoon loves its farmers’ markets and restaurants that proudly serve local fare. But if you want to experience the real flavour of Saskatchewan, you better hit the road in pursuit of the country life!

Start your day with a prairie-inspired breakfast. We suggest the Park Café, where locally-raised livestock find their glory in house-cured bacon and smoked meats. Or Souleio, a downtown bistro and food market part-owned by Pine View Farms. If it’s Saturday, you can enjoy



Souleio Foods, Saskatoon. Tourism Saskatchewan/Greg Huszar Photography

Continue 36 km southwest to Rosetown on Hwy 7, then approximately 12 km north on Hwy 4 and turn west at the sign to Herschel, continuing 23 km on Hwy 31. The Ancient Echoes Interpretive Centre at Herschel tells the story of the prairies before the advent of agriculture (ancient creatures, Aboriginal life and early adventurers) with guided historic tours into the valleys of Coal Mine Ravine and Eagle Creek. Ancient Echoes is designated as part of the Great Canadian Fossil Trail. Enjoy your picnic lunch among the grass and wild flowers. Lunch may be pre-arranged for groups. Please call ahead to book guided hikes.



Saskatoon Farmers' Market. *Tourism Saskatchewan/Greg Huszar Photography*

Heading north again on Hwy 4, pay a visit to the Valley Centre Hutterite Colony to learn more about their unique way of life. A lunch or snack may be pre-arranged. Please call ahead before visiting the Colony and to obtain directions.

The Prairie Fibre Mill is located 30 km north of Rosetown on Hwy 4 and 6.9 km west on Valley Centre Road. At the Mill, the fleece of alpaca, llama, bison and sheep is processed into luxurious yarns, quilt battings, felts and more. Visit the flock of sheep, tour the mill and pick up a unique gift in the Fibre Shop. The mill and farm are "off the grid" and surrounded by natural landscapes, so take a walk! The Rustic Cabin is available for overnight stays and the Kingsland School House can accommodate groups. Please call ahead for groups larger than five.

Thirsty? Continue 30 km north to Biggar on Hwy 4, home of Prairie Malt Limited which processes premier locally-grown barley for making beer. Prairie Malt is not open to the public, but you can see a working scale model of the process in the Biggar Museum & Gallery. From Biggar, drive 31 km east on Hwy 14 to Perdue and the Living Sky Winery where luscious cherries, strawberries, raspberries and blackberries create prairie-inspired wines. Visits and tastings are by appointment only. Living Sky Winery products can also be purchased at the Saskatoon Farmers' Market.

Now it's back to Saskatoon to enjoy an evening meal where local flavours dot the menu. Wash it down with locally-brewed beer, Living Sky wine or Riverbend Plantation's saskatoon berry and apple cider (also available at the farmers' market). From Perdue, continue approximately 65 km east to Saskatoon on Hwy 14.

DAY TWO Blaine Lake, Hepburn, Rosthern

Saskatoon is dominated by the South Saskatchewan River, but this morning we're heading to its twin - 54 km northwest on Hwy 12 to the North Saskatchewan River. Cross on the Petrofka Bridge near the site of a former ferry. On the far bank is Petrofka Bridge Orchard where you can buy apples (in season), apple juice, cider vinegar, apple saplings and more. Take a hike or a flatbed ride. If it's a Saturday in July, visit the nearby Doukhobor Dugout House National Historic Site of Canada, a tribute to these industrious settlers from Russia with guides in period costume and a gift shop. Be sure to take home a loaf of traditional Doukhobor bread. The Doukhobor Dugout House site is located 18 km southeast of Blaine Lake via Hwy 12. Watch for the turn-off sign.

Also on Saturdays or by appointment, visit the Hepburn Museum of Wheat with informative displays and spectacular views from the heights of a traditional wooden grain elevator. To get there, double back over the Petrofka Bridge to Hwy 12 and drive about 20 km southeast into Hepburn. Afterward, head 42 km north on Hwy 312 through Waldheim to Rosthern, where you can enjoy lunch in the Station Arts Centre Tea Room in the restored Canadian National Railway train station, which also houses an art gallery and performing arts theatre. The menu is based on fresh products from surrounding farms and gardens.

Your next stop is the Seager Wheeler Farm National Historic Site, located 7 km east of Rosthern off of Hwy 312, where award-winning farmer and five-time world wheat champion Seager Wheeler devised machinery, grew fruit trees and experimented with varieties of wheat. See the house, yard, orchard and English garden, plus demonstrations, farm animals, gift shop and more.

Returning to Rosthern, travel south on Hwy 11 for approximately 38 km to Osler. Turn west on the north edge of Osler onto Township Road 394 for 6.4 km to Pine View Farms where livestock and vegetables are raised on sustainable principles. Visit the farm store, take the self-guided tour of the gardens and check out the animals. Guided tours and group lunches are available on request.

Now it's back to Hwy 11 and 28 km south to Saskatoon. You'll sleep well tonight with your lungs full of country air and your heart full of warm memories, having sampled and trampled your way into the agricultural heartland of Saskatchewan.



Rhubarb destined for artisan fruit wine at Living Sky Winery, Perdue. *Living Sky Winery*

SPECIAL EVENTS

Saskatoon

*Taste of Saskatchewan, presented by
Conexus Credit Union*

Harris

Harris Summer Festival
August - www.2sk.ca/com/1000374

Blaine Lake

12-40 & Beyond: An Adventure in Rural Life
July - www.12-40andbeyond.com

*Doukhobor Flavours at Doukhobor
Dugout House*

July - www.2sk.ca/18170

Rosthern

Station Arts Centre Summer Theatre
July-Aug - www.2sk.ca/10554

Seager Wheeler Farm events: orchard seminar and seeding demonstrations.
Selected dates - www.2sk.ca/10556

CONTACTS AND RESOURCES

Tourism Saskatoon

Information on accommodations, attractions, shopping and dining
101-202 4th Ave N, Saskatoon
P: 306-242-1206
TF: 1-800-567-2444
W: www.2sk.ca/com/1000795

Souleio Foods

365-3rd Ave S, Saskatoon
P: 306-979-8102
W: www.2sk.ca/22574

Park Café

515-20th Street W, Saskatoon
P: 306- 652-6781

Saskatoon Farmers' Market Co-op

Corner of 19th St and Ave B, Saskatoon
P: 306-384-6262
W: www.2sk.ca/12677

Harris

Information on attractions and services
P: 306- 656-2122
W: www.2sk.ca/com/1000374

Crystal Beach Orchards

S side of Harris on the E side of Hwy 7
P: 306-270-5699
W: www.2sk.ca/22535

Herschel

Information on attractions and services
P: 306-377-2144
W: www.2sk.ca/com/1000387

Ancient Echoes Interpretive Centre

West St, Herschel
P: 306-377-2045
W: www.2sk.ca/14626

Valley Centre Hutterite Colony

Please call ahead before visiting the colony
P: 306-377-2032/306-377-2082
W: www.hutterites.org

Prairie Fibre Mill

6.9 km W of Valley Centre Road off of Hwy 4
P: 306-882-4542
E: themill@sasktel.net

Biggar

Information on attractions and services
P: 306-948-3317/306-948-3318
W: www.2sk.ca/com/1000079

Biggar Museum & Gallery

105-3rd Ave W, Biggar
P: 306-948-3451
W: www.2sk.ca/12292

Living Sky Winery

Perdue
P: 306-290-1693
W: www.livingskywinery.com

Blaine Lake

Information on attractions and services
Hwys 12 and 40
P: 306-497-2531
W: www.2sk.ca/com/1000089

Petrofka Bridge Orchard

54 km NW of Saskatoon on Hwy 12, adjacent to the N Saskatchewan River
P: 306-497-2234
W: www.2sk.ca/22203

Doukhobor Dugout House

18 km SE of Blaine Lake via Hwy 12, watch for signs
Tours are available on Saturdays in July only
P: 306-497-3140
W: www.2sk.ca/18170

Hepburn Museum of Wheat

Old CNR property, main entrance at W Railway St, Hepburn
Open Saturdays May long-weekend to Sep long-weekend, or by appt
P: 306-947-2042 / 306-947-2170
W: www.2sk.ca/14724

Rosthern

Information on attractions and services
Seasonal tourism information booth, May-Sep
P: 306-232-4826
W: www.2sk.ca/com/1000775

Station Arts Centre Cooperative

Beside railway tracks on Railway Ave, Rosthern
P: 306-232-5332
W: www.2sk.ca/10554

Seager Wheeler Farm National Historic Site

7 km E of junction Hwys 11 and 312 to Seager Wheeler Rd, 0.5 km N on grid
P: 306-232-5959
W: www.2sk.ca/10556

Pine View Farms

6.4 km west of Osler on Township Road 394
P: 306-239-4763
W: www.pineviewfarms.com